



Contact: Greg Bouris
212/826-0808
gbouris@mlbpa.org

For Immediate Release

**Rick Helling and Mike Myers
To Join MLBPA Staff**

New York, NY, Tuesday, March 17, 2009 ... Major League Baseball Players Association Executive Director, Donald M. Fehr, today announced that former Major League pitchers Rick Helling and Mike Myers are joining the Association's staff. Helling and Myers join former Major Leaguers Bobby Bonilla, Phil Bradley, Stan Javier and Steve Rogers as special assistants to the Executive Director.

"Mike Myers and Rick Helling had long and successful Major League careers, during which they served on the Association's Executive Board and represented the players as members of the negotiating committee in bargaining for our Basic Agreement and Pension agreements," said Fehr. "They are very familiar with the interests and needs of the players, and understand intimately the job that the MLBPA does for its members."

During his 13-year Major League career, Helling served as a member of the Executive Board from 1999-2007, and was the American League Representative in 2000 and Alternate Association Representative in 2003. He appeared in 301 games as a pitcher for Texas, Florida, Arizona, Baltimore and Milwaukee, with a record of 93-81 and 1058 strikeouts in 1526.1 innings pitched. Born in Devils Lake, North Dakota, Helling graduated in 1993 from Stanford University with a degree in economics.

Myers served as a member of the MLBPA's Executive Board throughout his 13-year career, and for a decade was one of the player representatives to the Pension Committee, which administers the Major League Baseball Players Benefit Plan. Myers, 39, was a relief pitcher who appeared in 883 Major League games with Detroit, Florida, Milwaukee, Colorado, Arizona, Boston, Seattle, New York Yankees and the Chicago White Sox, compiling a record of 25-24 with 14 saves and 429 strikeouts in 541.2 innings of relief work. A native of Arlington Heights, IL, Myers attended Iowa State University between 1988-90, and earned All-Big Eight honors in 1989.